



Determining current risk level for WIAA summer activities

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Determine current county activity level

If an activity is going to take place in or with individuals from another community, determine their county activity level as well. WIAA risk level guidance will be based on highest county activity level of communities involved.

Current county activity level can be found at: <https://www.dhs.wisconsin.gov/covid-19/local.htm>

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Understand different sports have varying infection risk

Higher Risk: Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

Examples: Wrestling, football, rugby, competitive cheer, dance

Moderate Risk: Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants.

Examples: Basketball, volleyball*, baseball*, softball*, soccer, gymnastics*, hockey, tennis*, swimming relays, track and field*

*Could potentially be considered "Lower Risk" with appropriate cleaning of equipment and use of masks by participants

Lower Risk: Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.

Examples: Individual running events, individual swimming, golf, weightlifting, sideline cheer, cross country running (with staggered starts)



Follow WIAA risk level guidance*

High community activity level = High risk level
 Medium community activity level = Moderate risk level
 Low community activity level = Low risk level

Sustained low community activity level for more than 2 weeks = Lowest risk level

***Always check with your local public health department on mass gathering guidance; follow the most restrictive guidance (WIAA or public health)**

At all risk levels all coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. Screening includes a temperature check. Anyone with a temperature of 100.4 or greater should not participate. Individuals with symptoms should not participate until they are free of fever and respiratory symptoms for at least 72 hours without use of medication and at least 10 days have passed since symptoms began

Risk Level	Gathering Limitations	Activity and Equipment	Hydration
<p align="center">High Risk</p> <p align="center">No more than 10 people at a time All levels of sports: workouts only</p>	<ul style="list-style-type: none"> Groups or pods: 10 people or less Do not use locker room Students remain in same pods at all events Must maintain physical distancing of 6+ feet 	<ul style="list-style-type: none"> No shared athletic equipment, clothing, or towels All athletic equipment cleaned and disinfected after each use and prior to next workout Resistance training, with minimal equipment, should be emphasized Hand sanitizer readily available Students must be encouraged to shower and wash workout clothing as soon as they get home 	<ul style="list-style-type: none"> Bring own water bottle, no sharing No hydration stations
<p align="center">Moderate Risk</p> <p align="center">Up to 10 people inside; Up to 50 outdoors</p> <p align="center">Lower risk sports: practice and competition</p> <p align="center">Moderate risk sports: modified practices</p> <p align="center">High risk sports: workouts only</p>	<ul style="list-style-type: none"> Groups or pods: 10 people or less If locker room used, physical distancing must be maintained Students remain in same pods at all events Maintain physical distancing of 6+ feet 	<ul style="list-style-type: none"> No shared clothing or towels All athletic equipment should be wiped down between each use Pads, helmets, gloves, etc. should not be shared Hand sanitizer readily available Students must be encouraged to shower and wash workout clothing as soon as they get home 	<ul style="list-style-type: none"> Bring own water bottle, no sharing No hydration stations
<p align="center">Low Risk</p> <p align="center">Up to 50 people indoors or outdoors</p> <p align="center">Lower and moderate risk sports: practice and competition</p> <p align="center">Higher risk sports: modified practices</p>	<ul style="list-style-type: none"> When not directly participating in practice or contest, maintain physical distancing of 6+ feet 	<ul style="list-style-type: none"> No shared clothing or towels All athletic equipment should be wiped down between each use Pads, helmets, gloves, etc. should not be shared Hand sanitizer readily available Students must be encouraged to shower and wash workout clothing as soon as they get home 	<ul style="list-style-type: none"> Bring own water bottle, no sharing Hydration stations must be cleaned after every event
<p align="center">Lowest Risk</p> <p align="center">No gathering limitations</p> <p align="center">All levels of sports: practice and competition</p>	<ul style="list-style-type: none"> When not directly participating in practice or contest, maintain physical distancing of 6+ feet 	<ul style="list-style-type: none"> No shared clothing or towels All athletic equipment should be wiped down between each use Pads, helmets, gloves, etc. should not be shared Hand sanitizer readily available Students must be encouraged to shower and wash workout clothing as soon as they get home 	<ul style="list-style-type: none"> Bring own water bottle, no sharing Hydration stations must be cleaned after every event

Complete guidance and sport specific examples can be found in the WIAA Guidance for Summer Activities: <https://www.wiaawi.org/Portals/0/PDF/Health/Covid/WIAA-Reopen-School-Sports-Summer.pdf> and <https://www.wiaawi.org/Portals/0/PDF/Health/Covid/WIAA-SummerGuide-Sport-Specific.pdf>